

Sarnia-Lambton Symposium on Youth Mental Health

Location: Ballroom Inn – Lambton College

Date: Wednesday, November 9, 2011

Time: 10 a.m. – 2:00 p.m.

Hosted by

Member of Parliament Pat Davidson (Sarnia-Lambton)

In partnership with

The Mental Health Commission of Canada & Lambton College

Introduction:

In response to public concerns, I am partnering with federal, provincial and municipal mental health leaders to tackle the challenge of raising awareness on youth mental health issues here in our community of Sarnia-Lambton.

Purpose:

To create a constructive dialogue on the issue of youth mental health across our community and to use this dialogue to bridge any potential gaps that exist between local, provincial and federal mental health stakeholders.

Objectives:

1. To bring together leading stakeholders from the municipal, provincial and federal levels in an open and accessible public awareness event.
2. To identify resources at the tri-levels of government that are available to the public, and to discuss other potential resources that could be brought forward to help youth and families deal with mental health issues.
3. To increase awareness of youth mental health services available through the tri-levels of government.

Agenda

1. Introduction & Overview of Symposium MP Pat Davidson *5 Minutes*
2. Panel Session # 1: Opening up the dialogue on Youth Mental Health *45 Minutes*
 - Patty Lauzon – Director of Communications for Lambton County Mental Health Association (LHIN #1 Chatham Kent/Windsor Essex)
 - Joanne Klauke-Labelle – Harmony for Youth
 - Todd McKelvie – “STARRTING Point Program” (Family Counseling Center)
 - Sharon Berry Ross – Sarnia Lambton Suicide Prevention Committee
3. Break *10 Minutes*
4. Keynote Speaker – Dr. David Goldbloom, appearing courtesy of the Mental Health Commission of Canada, Sr. Medical Advisor at the Centre for Addiction and Mental Health/Professor of Psychiatry at U of T
5. Lunch *45 Minutes*
6. Panel Session # 2 “Examining Youth Mental Health in Sarnia-Lambton” *45 Minutes*
 - Christine Davenport – Lambton Kent District School Board
 - Ruth Guerts – Lambton College Faculty of Social Work
 - Jodi Branton – Education Coordinator for Aamjiwnaang FN
 - Lisa Demers – St. Clair Catholic District School Board
7. Break *10 minutes*
8. Panel Session # 3 “Opportunities & Action” *45 Minutes*
 - Teri Thomas-Vanos – Executive Director, Sarnia Rebound
 - Rick Shields – St. Clair Child & Youth Services
 - Sarah Bilagot – Sarnia-Lambton Suicide Prevention Committee
 - Harold Albrecht – Member of Parliament for Kitchener-Conestoga
9. Summary & Next Steps MP Davidson *5 Minutes*
10. Adjournment